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An analytical study of career planning among men volleyball players on selected sociological aspects

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Abstract

The objective of the present study was identified to be “assessment study of career planning among men volleyball players on selected sociological aspects”. The samples of the study were the members of best four teams of Men Volleyball Championship, Mahatma Jyotiba Phule Rohilkhand University, Bareilly, and Uttar Pradesh. The variables were selected for the present study as demographic pattern, self-exploration, career exploration, career preparation, career skill awareness, mental well-being and family influence. The data was analyzed in terms of percentage of response.

Majority of the players were inter-college and inter-university players. Volleyball was popular among B.P.Ed., course and prefers to stay with family or as a hostler. Urban and semi-urban and Govt., and public schools were given main contribution in promotion of men volleyball players were come from different backgrounds of demographic patterns. They were not fully aware about their careers in physical education and sports, not well versed with strategies of career planing and lack of knowledge about physical education as an academic area but they like to participate in career guidance and counselling programme also.

Keywords: career planning, volleyball players, sociological aspects, demographic patterns.

Introduction

There are some blessed and fortunate people who just fall into the perfect job. Many of them who have career enjoy their jobs, because the career they have found matched their needs, skills and interest. Other may be unhappy with their jobs, and are only working because of their economic needs. Making enough money is significant, but a career must produce something more than money.

One must enjoy it in the same way as one enjoys hobbies, be it writing, art and craft, painting, performing arts, or playing sports. Actively search for the right career is often called career planning. It does not require magic. It uses the same senses of discretion that is used in taking most of the decision in life. Therefore, it may also be called career life planning through career. The process of career and life planning involves the following major phase; self-exploration, career acquisition, personal and professional development, worthy living.

Career planning is a goal that one desires to achieve in a selected field or profession, with a well thought out plan to get there. Career planning is not an activity that should be done once in high school or college, and the left behind as we move followed in one jobs and careers. Rather, career planning an activity that is best done on a regular basis especially given the data that an average worker will change career (not jobs) multiple time over his or her life time. And it's never too late to start career planning. Career planning is not for that field on a one time only basis, but its continuous process.

In fact, it is a life time process. We are always leaving and growing, and as we do, one interest and need also change. Career planning is not just making plans to obtain perfect jobs or career, but to help one make the many adjustment there will be along the way as one learn about himself and world or work. Realising the variety in concept of career planning among different population, it was considering befitting to study the volleyball players on selected aspect of career planning. It is generally observed and the literature also indicates that often career guidance is poor for sports.

Sports in India at present era are changing shapes and roles. Opportunity of career is increasing. Traditional career of teaching and coaching has now additions of other, nontraditional careers such as, health, fitness, journalism, publication, high supporting

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performances event management etc. Commonwealth Games 2010 in Delhi has increased social influences, more awareness and opened career choices in sports and physical education. Indian Premier League is an example of increasing effects of commercialization on sports career. A career goal helps to focus and make decision on what to do for a living. It directs motivates and help to accomplish what one would. A career goal helps you to focus and make decisions on what one want to do for a living.

A career goal can be specific job such as teacher, office clerk or a career goal can be particular field you want to work in, such as transportation or education. Academics from some of India’s prominent universities running these courses say there are opportunities galore in the field, since health is a cause for increasing concern among the people of India.

The objective of the study was identified to be “An Analytical Study of Career Planning among Men Volleyball Players on Selected Sociological Aspects”. It was hypothesized that “Men Volleyball players belongs to similar background of demographic pattern and they are fully aware of various careers available within physical education and sports, and its related strategies for career planning towards career choices.

Methodology

The samples of the study were the members of best four teams of Men Volleyball Championship, Mahatma Jyotiba Phule Rohilkhand University, Bareilly, and Uttar Pradesh. The variables were selected for the present study as demographic pattern, self-exploration, career exploration, career preparation, career skill awareness, mental well-being and family influence. The item scale was prepared with the help of available expertise. The questionnaire was administered to the player of best four team of Men Volleyball inter college level at university. The players were given the questionnaire and interviewed on a semi-structure pattern with a questionnaire and tape recorder. The data was analyzed in terms of percentage of response.

Results and Discussions of the Findings

The results of the study exhibits in the light of literature review and other evidence available. Four section represents the findings for which various deep and ethical evidences were interpreted and analyzed in order to get the applicable social and educational implications these sections are as follows: student profile, demographic pattern, career awareness, planning and choices, career guidance and counselling programme.

Table 1

Profile	Highest Response/ Participation	Result
Level of performance	Intercollege	44%
Class of Study	IInd Year	55.3%
Course of Study	B.P.Ed. Course	87.2%
Type of School	Public School	38.2%
Factors of Pride and Satisfaction	Being Best Sportsperson	46.8%

The survey was conducted on the best four Men Volleyball players of Mahatma Jyotiba Phule Rohilkhand University, Bareilly, and Uttar Pradesh in the section of student’s profile. The average age of the players is 19. Majority of

them have played inter college and were studying in B.P.Ed. (Final year). Majority of the players felt proud and satisfaction being best sportsperson.

Table 2

Profile	Highest Responses	Result
Type of Family	Nuclear Family	85%
Place of Stay	At Home with Family	44%
Locality of Living	Urban	42.5%
Family Support for Playing	Yes	87.2%
Volleyball		

In the second section of demographic pattern, majority of the players belongs to nuclear family and stays at home with

their family members. Mostly players belong to urban areas. Family gives full support for playing Volleyball.

Table 3

Profile	Highest Responses	Result
Awareness of Physical Education offered by Mahatma Jyotiba Phule Rohilkhand University, Bareilly, U.P.	No	55.6%
Satisfaction on Course of Study	Yes	72.3%
Interested in taking up Physical Education as a Career	No	55.3%
Reason for Opting Sports	Role Model	36.1%
Factors Influencing the Career Choices	Role Model in the Family	

In the third section career awareness and planning choices, mostly players are not aware of physical education as an area of education offered by Mahatma Jyotiba Phule Rohilkhand University, Bareilly. Majority of the players are

satisfied by the course of the study and mostly players are not interested to take Physical Education as Career, however, they opt sports for the reason of the role model.

Table 4

Profile	Highest Responses	Result
Participation in Career Guidance or Counselling Programme	Yes	65.9%
Source/Agency for Guidance Counselling Programme	College Staff	36.1%
Benefits of Career Guidance Programme	Increase Confidence	56.5%
Role of Luck is Better than Personal Planning in Career	Agree	55.1%
Investment of Own Learning is the Key to Success	Strongly Agreed	50.2%

In the fourth section, career guidance and counselling programme, mostly players are participated in this programme and take guidance from college staff. Mostly players believed that benefit of this programme is to increase confidence and role of luck is better than personal planning in career.

Conclusion

Majority of the players were inter-college and inter-university players. Volleyball was popular among B.P.Ed., course and prefers to stay with family or as a hostler. Urban and Semi-urban and Govt., and Public Schools were given main contribution in promotion of Men Volleyball. Players were come from different backgrounds of demographic patterns. They were not fully aware about their careers in physical education and sports, not well versed with strategies of career planning and lack of knowledge about physical education as an academic area but they like to participate in career guidance and counselling programme.

- Volleyball for Men should be promoted among all the section of the society.
- Awareness programmes should be organized to promote careers in physical education and sports. Special guidance and counselling programme should be ongoing basis in the university to attract more men Volleyball players towards sports career. Further studies may be understand to investigate the relationship of demographic pattern and career choices and its planning among men sportsperson.

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